

July 2021

NEW JERSEY SHORE BMW RIDERS Inc

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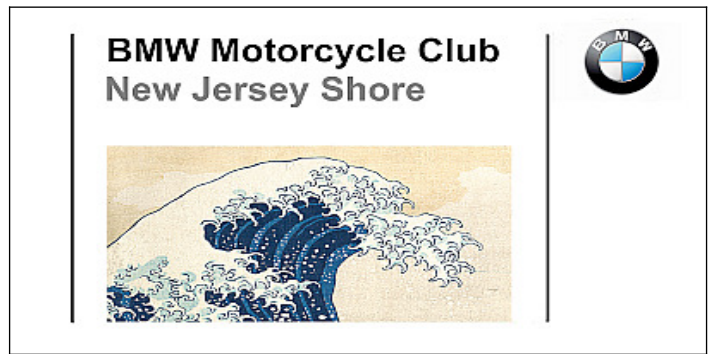
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ber, Trustee.



President's Message

I hope everyone had a great Independence Day celebration. Summer is truly upon us, and here in NJ, we are on our way to break records for days above 90 degrees. It was about this time last year that an event occurred that changed the way I now ride in the hot weather.

I regularly check the weather forecast before taking a ride. The temperature was predicted to hit the middle 90's by early afternoon. For my ride, I planned to leave early and be back late morning, before the high temps really hit. I left my home at 7:00 AM with temperatures still in the low 80s. It was a great ride on one of my favorite routes up the Pennsylvania side of the Delaware. Due to Covid-19 shutdowns, I had the road to myself. As usual, my enthusiasm got the best of me and I lost track of time and distance. The temp display on my RT showed 99 degrees. I was wearing my mesh jacket and pants but the heat was starting to get unbearable. For those that ride an RT, you know the wind and weather protection is amazing for rain, wind, and cold, but that protection does us no favors in hot weather.

At the time I decided to turn around, I realized I had about a two-hour ride home. The temperature was getting close to 100 degrees. I really needed to get inside somewhere with air-conditioning to cool down. I was in a rural area and due to Covid-19 nothing was open. Rather than stop, I decided to just suck it up and ride home.

After about ½ hour of riding, I experienced a headache then nausea, and then cramps in my legs. I pulled over and dry-heaved. With the Delaware River right there, I went to the side of the river and hand-poured some water over my head. I found some shade and waited to regain my strength.

"I wasted time, and now doth time waste me."

— *William Shakespeare, Richard II*

"Time moves in one direction, memory another. We are that strange species that constructs artifacts intended to counter the natural flow of forgetting." — *William Gibson, Distrust That Particular Flavor*

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone." — *Andy Rooney*

"Everyday is a bank account, and time is our currency. No one is rich, no one is poor, we've got 24 hours each." — *Christopher Rice*

"Modern man thinks he loses something—time—when he does not do things quickly. Yet he does not know what to do with the time he gains—except kill it." — *Erich Fromm, The Art of Loving*

"Men live their lives trapped in an eternal present, between the mists of memory and the sea of shadow that is all we know of the days to come." — *George R.R. Martin, A Dance with Dragons*

"How you spend your time is more important than how you spend your money. Money mistakes can be corrected, but time is gone forever." — *David Norris*

I got back on the road and about 20 minutes later found an open CVS store and took refuge. I bought some water and took a seat near the pharmacy area. A police officer who was in the store walked over, as I guess I was not looking well, he offered to get EMS but I passed as I was starting to feel better. After 45 minutes I headed back home.

Retrospectively, I was probably suffering from heat exhaustion, less likely than from heat-stroke, but either way, I was in danger.

Since this event, I've changed the way I ride in the heat. If I have a choice, I just do not ride if the weather gets in the high 90s. In hot weather, I now ride with a 3-liter hydration back-pack (Krieger Hydro-3 Hydration Pack). With the hydration pack, I can sip water while riding and do so about every 15 minutes. I now take regular air-condition breaks if I can. I plan my rides so I am off the bike when the heat peaks (a good time for lunch). I have also started riding with a cooling vest (Sedici Cooling Vest). These vests are said to work best in lower humidity, but I've found them helpful even on higher humidity days.

I know many of us have stories of riding in 100 + degree weather, and in parts of the country riding in this type of weather is commonplace. I ask members of NJBMW and our fellow riders to be cognizant of the signs of heat exhaustion and heat stroke and take the appropriate precautions.

WebMD details the following signs

Heat-Exhaustion

- Confusion
- Dark-colored urine (a sign of dehydration)
- Dizziness
- Fainting
- Fatigue
- Headache
- Muscle or abdominal cramps
- Nausea, vomiting, or diarrhea
- Pale skin
- Profuse sweating
- Rapid heartbeat
- Heat Stroke Symptoms

Heat Stroke

- Nausea and vomiting
- Headache
- Dizziness or vertigo
- Fatigue

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- Hot, flushed, dry skin
- Rapid heart rate
- Dry skin
- Profound sweating
- Shortness of breath
- Decreased urination
- Blood in urine or stool
- Increased body temperature (104 degrees to 106 degrees F)
- Confusion, delirium, or loss of consciousness
- Convulsions

On a lighter note; the FluffyButt competition is well underway. The game consists of a list of 50 destinations around NJ, Eastern PA, and Southern NY. You ride to the objective and take a selfie of you and your bike with the objective in the background to prove you captured that objective.

Each objective is worth some number of points. There will also be opportunities to obtain points by riding to places like rallies. It is great fun with interesting destinations and you also have a shot at getting a gift card to Cross Country BMW. The top three finishers will receive gift cards. If you're interested in competing and getting some more riding in, send an email to fluffybutt2021@googlegroups.com with your full name and you'll then receive a Welcome email to the group with some links to documents for the contest. Thanks to Jonathan Blair for all his hard work putting this together.

Our V.P. Ben put together yet another successful Ice Cream ride, this time to TK's Ice Cream in Cream Ridge NJ. We were joined by members of the New Sweden BMW Riders. A good time was had by all!

The Club Meeting for July is this Wednesday, the 14th, and will be held at Woody's Roadside Tavern, Farmingdale. Dinner is at 6:00 PM and the meeting begins at 7:30 PM. The Club Meeting is held on the second Wednesday of the month.

I look forward to seeing you all there!

Regards,
Rick

Schedule of Events – 2021

July

- **July 7**, Moribundi Lunch @ 12:30 River Rock, Rt 70 Brick.
- **July 14**, Club Meeting, 6 PM Dinner, Meeting 7:30 Woody's Farmingdale
- **July 30 – August 1**, BMW MOA Pocono Getaway. Skytop Lodge.

August

- **August 4**, Moribundi Lunch @ 12:30 Place to be determined
- **August 11**, Club Meeting 6 PM Dinner, Meeting 7:30 Woody's Farmingdale

September

- **September 1**, Moribundi Lunch @ 12:30 Place to be determined
- **September 8**, Club Meeting, 6 PM Dinner, Meeting 7:30 Woody's Farmingdale
- **September 12, 3-Club Rumble**, we're hosts. Seven-President's Park, Long Branch.
- **September 17-19**, BMW MOA Warren VT Sugarbush Resort
- **September 24 - 26**, [NJSBMWR](#) - Oktoberfest Crystal Brook Resort Round Top NY
- **September 24 – 26**, New Sweden's Last Chance Rally

October

- **October 6**, Moribundi Lunch @ 12:30 Place to be determined
- **October 13**, Club Meeting, 6 PM Dinner, Meeting 7:30 Woody's Farmingdale

November

- **November 3**, Moribundi Lunch @ 12:30 Place to be determined
- **November 10**, Club Meeting, 6 PM Dinner, Meeting 7:30 Woody's Farmingdale

December

- **December 1**, Moribundi Lunch @ 12:30
- **December 8**, Club Meeting, 6 PM Dinner, Meeting 7:30 Woody's Farmingdale

Club Meeting – May Minutes

Jim Thomasey, Secretary

The June 9 meeting was held again at Woody's in Farmingdale and was attended by about 21 members.

Topics included the 3 Club Rumble which will be held September 12 at Seven Presidents park in Long Branch, NJ. The club is still undecided if this event will also count as our annual picnic, and it is still in need of someone to oversee and manage. Staff will be needed to purchase and prepare food, the venue and any minutiae that occurs.

It was thought that the club is in need of a new banner to replace the one lost years ago in the fire at Schneider's in Avon. A discussion ensued. Turns out we have 2 banners with the current logo on them.

There was a floor discussion of the (then) upcoming MOA rally, some Backroads magazine sponsored rides, and other tours.

An ice cream ride was arranged for June 30 and will be discussed in more detail elsewhere in this newsletter.

Jonathan Blair explained and then furnished a list with 50 locations to be seen and documented as part of our "Fluffy Butt" ride initiative. This is a great way to justify going for a ride around the tri-state area. Look at the list, ride there, take a picture of you/your bike and the location which will then be sent to a google doc. Prizes and club wide recognition await you as you travel about.

The 50/50 was won by Mark, a friend of Roger T. who had traveled from Canada to be in the states for the MOA rally. He kindly donated his winnings back to the club with the request that they go toward the club charity, and we thank him for that. Don arranged for the donation to go to ZERO, a prostate cancer research 501(c)3.

One of the upcoming events in September is a vintage Japanese motorcycle show taking place at the NJ Motorsports Park in Millville NJ in September. Other events can be found at : [New Jersey Motorsports Park | Millville, NJ | Race Track](#)

June Ice Cream Ride

Ben P



I attended New Sweden's June ice cream ride to Smilie's in Columbus, NJ when Ron C suggested a joint club ride at a centralized location. Great idea!

It hasn't been done in the years I've been with the club. I suggested TK's in Cream Ridge. After arranging a date, we coordinated the ride through the usual channels of communication.



Despite the date coinciding with the MOA national rally and 98-degree weather, the turn out from both clubs was great.

We engaged in the usual motorcycle banter, checked out Harry Costello's new Guzzi, ogled over June's R60, and participated in some cross club camaraderie.

Rick brought a nice NJSBMW banner to show that it was our ice cream ride (wink wink nudge)

nudge). Looked like everyone had a good time.



Maybe the 2 clubs will make this an annual event ?

Club Member Mini-Bios

Editor

Your name: Tom Suhocki

Age: 78

When did you first notice motorcycles? And why? I first noticed motorcycles when I was in my teens in Pennsylvania. Looked like a cool thing to do.

What was your first motorcycle, and were there any objections by relatives? A Kawasaki KLR-250. Some raised eyebrows by siblings but no objections.

What's the story with how you bought your first motorcycle? In the early 1990's there were still a number of undeveloped areas in Freehold Township and the KLR seemed like a good choice for getting to them and for off-roading once there.

I got a second KLR so one of my sons could ride with me. After most of these land areas got leveled for housing developments I sold the KLRs.

Then I got a 1987 Yamaha Virago 750 street bike and rode solo for a few years. Following that I got a 1984 Honda V-65 Sabre and later a 2003 BMW R1150RT.

How old were you when you got your first motorcycle? In my 40's.

When and where did you first cross a state-line on a motorcycle, and what were the circumstances? On a ride to the Catskills to meet up with other riders in the mid 1990's.

What was your first overnight (multi-day away from home) trip? And why? With whom?

The Catskills. I rode with my brother Vince and three other riders from the shore area. We did multi-day rides in the Catskills and other areas of rural upstate New York. One of the riders had a ski chalet near Margaretville and we used that as a base for touring. We also rode in the Adirondacks, Eastern Pennsylvania and the Northeast Kingdom in Vermont. Then we branched out to do longer distance riding. We took a trip to Nova Scotia and rode the Cabot Trail on Cape Breton Island.

On another trip we went to Wyoming, Montana and Idaho, crossing the Rockies on Teton and Beartooth Passes. We toured Yellowstone and Glacier National Parks, Devil's tower, Mount Rushmore, Black Hills, Crazy Horse Memorial, and Custer Battlefield.

Have you crashed? Tell more. Yes. In 2013 on a Skylands club ride in Eastern Pennsylvania.

Took a turn too wide and went off the pavement.

Luckily not injured thanks to Aerostich, helmet and boots. I was able to ride the bike home after some field fixes with help from Skylands members. Mike Kowal made the final repairs when I got back.

What's the longest ride you've taken? To the 2004 Spokane MOA Rally with my brother Vince, followed by touring through British Columbia and Alberta to Banff, Lake Louise and on the Icefields Parkway towards Jasper. The trip took three weeks and we covered 7,300 miles, mostly on secondary highways.

What's the furthest away from home ride you've taken? British Columbia.

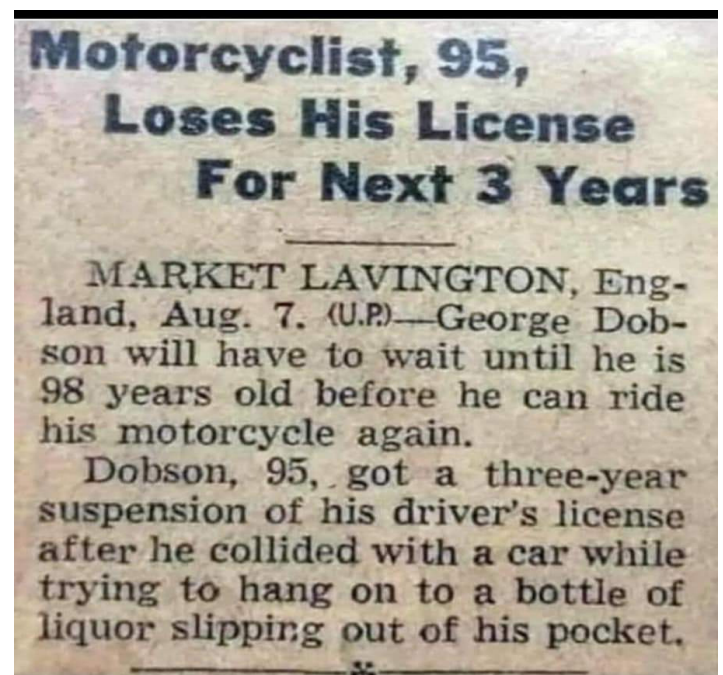
What's the bucket list ride you haven't done? And why not? Alaska. Other priorities and age are conspiring against it.

What's the fastest you've gone on 2 wheels - when and where. In 2004, 110 mph in Montana on my R1150RT.

Do you enjoy solo or group riding, and why? Prefer group riding; I enjoy the camaraderie.

More to come! Please consider sending a bio in if you haven't yet. It helps make the club more cohesive if the members know a bit about each other. Email to editor@njsbmwr.org

Plus – so far NO ONE has admitted to never going 100MPH on a motorcycle. Who holds the record? So far – and documented – Klaus Hue-necke. @140MPH Can you top Klaus?



Let the Game Begin!

Henning V.

The Fluffy Butt 2021 game has just started and it is not too late to come on board! Sign up with an email to: fluffybutt2021@googlegroups.com and this is what you get:

- A list of 50 really cool tri-state area destinations, with short explanation, web link, and GPS coordinates

- A Google map with all the destinations. Use your phone, click on any marker and you can see pics and get directions - it's that simple! No need to enter any GPS coordinates (but you can do so if you are so inclined...)

- And for those with a traditional GPS or using an app like REVER, there's even a GPX file.

Our own Jonathan Blair has done a fantastic job putting this all together. He has gathered the GPS coordinates and web links, and ridden to each stop to take photos. Take a moment and send an email now to [fluffybutt2021@googlegroups.com!](mailto:fluffybutt2021@googlegroups.com)

You will get a reply with game rules, the map, the GPS coordinates, and descriptions. The game runs until end of November, there is plenty of time left. And: the top three finishers earn a gift card for Cross Country BMW. The more participants, the more fun!

MEETING – July 14th

Woody's Roadside Tavern, Farmingdale

Good food, great wait staff, great meeting room – come support the club!

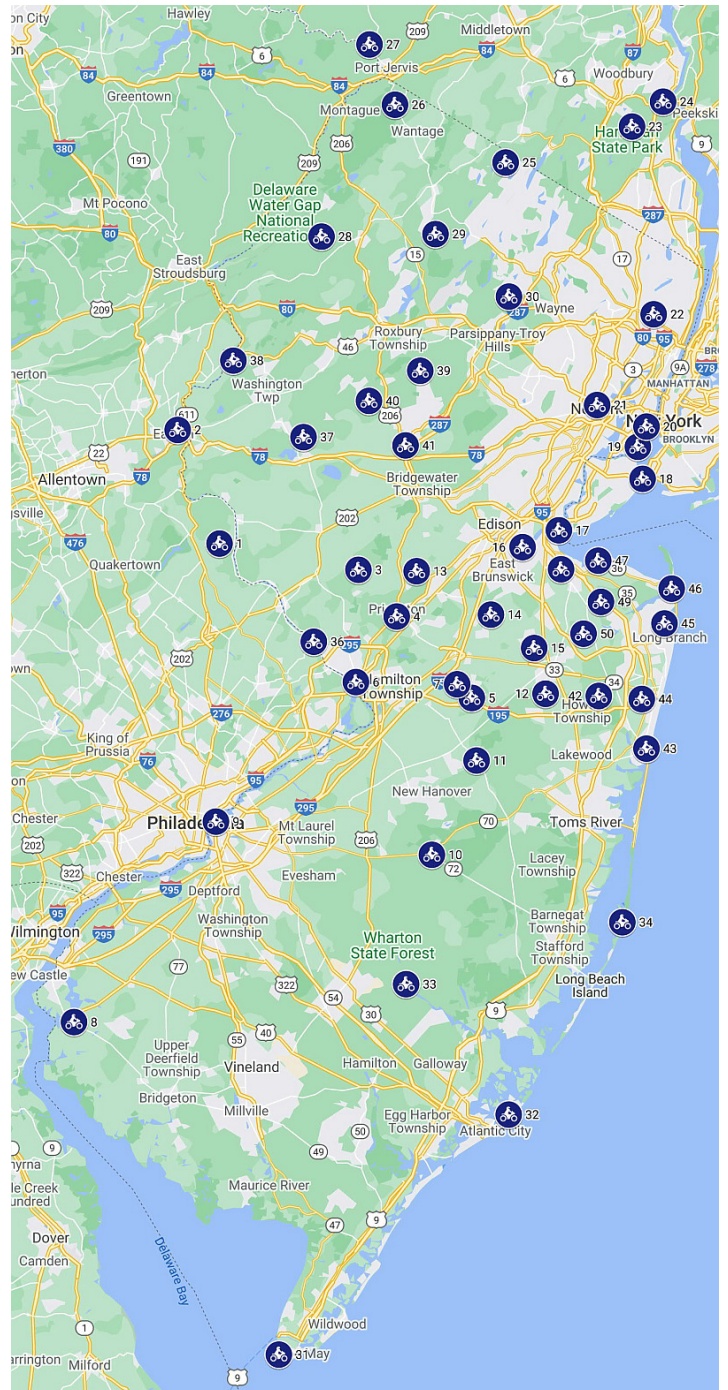
Food 6PM,
Business Meeting 7:30PM

For Sale

1994 BMW R1100RS. 52,500 miles; bags, new tires, new battery, tank bag, driving lights ABS, heated grips. Runs Great. Selling for an old club member.

Real Old Older than Dirt. Gave up riding \$2500.00 contact me at 732-239-8541 Mike Kowal

2002 BMW R1200C Phoenix: Yellow and black , Well maintained. A lot of extras Contact me for pictures and details \$6750.00 Mike Kowal 732-239-8541



2021 FluffyButt Sites



June Moribundi

Trip to MOA National Rally

Roger T

Joe Karol and I left on June 15th for the MOA National Rally in Great Falls, Montana. We did some site-seeing on the way out as well as coming back. At the Rally, we both volunteered to help MOA staff setup and run the Rally. Even though the Rally started on Wednesday the 25th, we arrived on Monday afternoon and began work on Tuesday straight through to rally closing on Saturday. Joe and I were "Chair organizers" who put on the "Peoples Choice Bike Show and Judging" event on Saturday. Joe didn't actually know that he was named co-chair of the event.. but liked the free volunteer meal, rally tee shirts and beer chits.

At the Rally we met Herb Konrad and Jim Nanfeldt who also volunteered at our event. We traveled together most of the way back east but eventually split up near Youngstown OH to go to our own destinations.

Start: June 15th **End:** July 2

Days: 18 days, 17 nights

Miles: 5100

Places Visited:

- Cord/Duisenberg/Truck Museum, Auburn IN
- Bad Lands, SD
- Walls Drug Store, SD. The entire town survives because of this attraction
- Mt Rushmore, SD
- Crazy Horse, SD
- Wild Bill Cody- Irma Steak House, Cody WY
- Bear Tooth Parkway, MT
- North Section of Yellowstone, MT,WY
- MOA National Rally Great Falls, MT
- Geographical Center of North America, Ruddy ND
- Aerostich in Duluth MN
- Mackinaw bridge, MI
- Legs Inn restaurant, north Michigan (Polish menu restaurant on a bluff overlooking Lake Michigan)
- Tunnel of Trees on Lake Shore drive, Northwest Michigan. 10 miles of curves covered overhead by trees.

Daily Travel: 6 days of travel to/from Great Falls, about 400 miles per day and as much as 500. That's about 8 -9 hours per day with P-breaks and gas ups.

Route: Interstate 80 west for the most part... then I-90. After going to the Cord/Duisenberg museum in Auburn Indiana, we took US Route 30 west to Joliet Illinois to avoid Chicago traffic. The trade-off was a lot of stop lights and strip malls on route 30 vs. commuting traffic on I-80/90 south of Chicago. Bad traffic no matter which way you go! We also did hundreds of secondary road miles in Ohio, Indiana, Illinois, South Dakota, Montana. On the way back, we followed Route 2 from Montana to Upper Peninsula of Michigan (close to the Canadian border), then crossed the Mackinaw bridge. We traveled mostly interstate routes to NJ after Tunnel of Trees in MI. The high temperature of our trip was 105 degrees in Iowa. Most mornings were in the low 60s. Obviously the lowest temp was on Bear Tooth Pass in Montana,... snow along the road and in the mountains. We encountered no rain on our trip although we put on rain gear twice when we saw threat of rain; in one area we were peppered with ice droplets.

MOA Rally: Great rally which was planned for 2020 but delayed until this year; 4,889 attendees; fewer vendors than in the past,...probably 70% vs. previous years; Lots of seminars, \$3 beers, excellent variety of food vendors. MOA Foundation gave away 20 new bikes; MOA gave way their specially equipped F850GS loaded with farkles. Joe and I attended the volunteer's dinner and the special MOA Foundation closing ceremonies tent w/ hors d'oeuvres and drinks and big screen TV to watch closing activities/presentations. On Tuesday-Wednesday we volunteered in MOA Store and did several other jobs to help set up the rally. Friday afternoon, before attending the "beerfest" we prepared for our rally event, "peoples choice bike show and judging" by setting up pop-up tent, tables, chairs, and signage. I tested my laptop's special software to insure it would properly record the bikes/owners, votes, and tally results. On Saturday morning the event started with 41 bike registrations, placement of bikes into 10 categories (Classes), took pictures of all bikes/owners, used laptop to record 1500 votes from rally participants (who were walking by and viewing the bikes). At 2pm we awarded the top three winners in each bike class, as well as best-in-show bike. All winners received a certificate and award ribbon.

During the Rally both Joe and I attended several seminars of personal interest. Joe also attended the MOA Charter Club discussion/seminar repre-

senting NJSBMW. I attended a seminar on “how to better plan a trip, and another on fixing your bike while on the road. I also attended discussions with the MOA Board of Directors and MOA Foundation Board. Joe attended seminars on “managing heat” and “managing hearing loss” although I’m not sure of the actual names.

Gas: Most of the premium gas cost were in the mid \$3 range with high cost per gallon of \$4.10 (Illinois) and low of \$2.89 in Iowa. Total gas cost for me was about \$340 for 5100 miles. My F850GSA and Joe’s R1200RT used about the same amount of gas at fill ups. I was averaging 49mpg and slightly less at highway speeds. My F850GSA did great at any speed. The high posted speed limit was 80mph in South Dakota on I-90.

At several exits along I-80 and I-90, there were signs that said “when lights flash, do not proceed” in other word, “exit due to bad weather conditions.” So my big question is: “where to the cars/trucks go if they can’t continue on the interstate.” There aren’t many towns, let alone, houses in these areas.

Hotels: We stayed at hotels the entire trip, even at the rally. Herb and Jim camped at the rally. Surprising to me was that hotel prices in SD, WY and MT were very high (Cody, Mt Rushmore, Great Falls, etc \$200 + per night. Luckily I reserved our Great Falls hotel last year at around \$80/night as the current rate was \$200. I used Wyndam hotel points to stay at a couple places due to the extreme pricing.

Covid sensitivity: Almost no masks were used by anyone, staff, travelers, or “locals” in any of the states. Two hotels (Cody and Youngstown) provided bagged breakfasts. A few others provide limited cold breakfasts but most provided regular hot full breakfast selections.



Bold purple route shows way to Great Falls and

red is way back. 5100 miles, 18 days, no rain,



Clean bikes and clothes at the start. Quite different look at the end.

Bear Tooth parkway, ¾ way up... Too much fog at top for pictures. Bear Tooth was closed the day before due to forest fire smoke.



Peoples Bike Judging Event..... Volunteers



At monument for “Geographical Center of North America on Route 2 in Rudyby ND.